



HERITAGE HAPPENINGS

News from the Heritage Community Association

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2014 Harvest Moon Festival

Saturday, September 13th - Maple Leaf Park

The 2014 Harvest Moon Festival is all set to take place on Saturday, September 13th, 2014 from 2 pm to 8 pm in Maple Leaf Park. As always, the festival will feature some great local talent, a community bbq and plenty of family friendly activities. It will be a great reason to get outside and celebrate the diversity and culture of the Heritage neighbourhood while getting to know your neighbours.

This year's edition of the festival features a variety of performance from local artists and organizations. Kicking off at 2 pm with opening remarks, the afternoon's line up will go on the feature local musician Dagan Harding, poetry from Shayna Stock, a set from local duo The Fax, and FadaDance. The festival will finish off with a hoop dance performance by Terrance Littletent and a performance by Tribal Vibes.

This year's festival will also feature some fun interactive workshops. The Heritage Community Association's Artists in Residence, Johanna Bundon and Jayden Pfeifer, will be putting on a fun filled improvisation workshop.



2013 Harvest Moon Festival

There will also be an opportunity to brush up on your hoola hooping skills with Neil McDonald.

With the support of SaskEnergy, we are able to offer a community BBQ for the event. In partnership with Ukrainian Co-op, we are able to offer great tasting hotdogs and sausages. Make sure to stop by the park between 3 pm and 6 pm so you don't miss out.

As always, children are an important focal point of the festival and we have plenty of activities for kids of all ages. Our children's craft area will running the entire day with lots of fall themed crafts. Sidewalk chalk stations will once again be set up around the community, so we can decorate our sidewalks. There will be face painting available from Street Culture Kidz and the ever popular Dino Bouncer will again be up and running. St. John's Ambulance will be bringing along their therapy dogs for the afternoon.

A new addition to this year's festival will be a Community Fair. The Heritage neighbourhood is home to many great organizations and businesses. This will be a great opportunity to learn more about these organizations and maybe purchase some great local products.

The success of the festival is very dependent on our great team of volunteers. If you are interested in helping out with the festival, contact the HCA office. There are still lots of opportunities to help out leading up to the festival and on the festival day. Volunteers will receive free tickets to the bbq and be entered in to win some great prizes from local businesses. If any businesses are interested in getting involved, we are also still accepting donations



of prizes for the event.

Thanks to the generous support of SaskCulture, the Multicultural Council of Saskatchewan, SaskTel, SaskEnergy and Conexus Credit Union for making this event possible. All proceeds from the event will go towards supporting the great work of the United Way Regina.

For more information about the festival, contact the HCA office, find us on Facebook or visit heritagecommunityassociation.com.

HCA Receives Artists in Residence Funding



The HCA is very excited to announce that we have received funding to host two very talented artists for the 2014/2015 program year. Starting in September, partner artists Johanna Bundon (left) and Jayden Pfeifer (right) will be working out of the HCA office. Based off of the success of the HIP: Heritage Improv Project that ran last winter, they will be developing community based programming related to improvisation. Stay tuned to the Heritage website and the Heritage Happenings e-newsletter for more information and announcements related to this great initiative.

Thanks to the support of Creative Partnerships for making this program possible. Creative Partnerships programs are supported through the collaboration of Saskatchewan Arts Board, SaskCulture, and financial support from Saskatchewan Lotteries Trust Fund for Sport, Culture and Recreation.



HERITAGE LOCAL BUSINESS PROFILE:

A Taste of Hong Kong in the Heritage Neighbourhood

By Nichole Huck

Did you know there is a place right in Heritage where you can get freshly baked, authentic Chinese pastries? W&M Hong Kong Bakery is located at 1415 11th Avenue, right in the heart of the old China town.

Owners, Westsley and Mae Wan moved to Regina from Hong Kong two years ago. In Hong Kong, Westsley ran a media organization and Mae was a stay-at-home mother with a certificate as a pastry chef. When their only child wanted to come to Canada to study at University, they decided to move the entire family and try something completely new. The family bought the little shop on 11th and after renovating the space into a bright little bakery, they opened for business in September.

Mae gets up early to bake fresh pastries every morning. Coconut, red bean, and BBQ pork buns, bread pudding, green tea cheesecakes, and homemade Oden sticks and dumplings. There are now several Chinese bakeries in

Regina now, but Westsley says the quality of their products sets them apart for the rest, “Our products are made fresh daily, using only natural ingredient,” says Westsley.

Not using any preservatives means that you are guaranteed to get freshly made pastries when you come in. At the end of each day, the Wans donate all their unsold product to the Souls Harbour Rescue Mission just a few blocks away. He says the clients there have now developed a taste for his baking. “The men are always asking if we have any more coconut buns, they are happy when we don’t sell them all,” laughs Westsley.

Mae says she enjoys introducing Canadians to new foods. Most customers will find that they come in for one thing, but will leave having sampled several different products as well. Westsley is trying to introduce his new customers to foods that are very common on the streets of Hong Kong, but haven’t quite broken into the mainstream here in Canada. “Oden sticks (meat or fish balls on a stick) are

a very convenient way to eat lunch on the go,” says Westsley, “It would be good for business people who can walk here from downtown.”

The Wan’s are incredibly friendly and have worked hard to embrace their new home. A Rider flag hangs on the wall behind the menus, and the couple say they have enjoyed many Canadians experiences such as camping and ice fishing, although they admit the cold weather means they don’t get as much foot traffic as they would like.

Located just down the street from the Ngoc Van Vietnamese restaurant, the W&M Hong Kong bakery is a welcome addition to the heritage neighbourhood, and well worth making a visit to. But a warning to those watching their waistlines, those coconut buns can be addictive.

For a full menu and information on how to order visit www.wmhbakery.com



PLAYING FOR CHANGE DAY
20 SEPTEMBER 2014





Concert & Street Fair @ the Dodger

Meet the HCA Staff

The Heritage Community Association has a few new faces around the office these days. The HCA office, located at #100 - 1654 11th Avenue, is open Monday to Thursday, 9 am to 4 pm. Make sure to stop by and say “hello.”



Kathleen Wilson
Interim Executive Director

Kathleen is filling in as ED until March, while Nikko Snyder is on maternity leave. She comes to the HCA with a background in community engagement and communications. When not at work, Kathleen’s hobbies include urban beekeeping, volunteering, gardening, knitting and trying to master her grandmother’s famous pie recipe.



Aeliesha Brooks
Community Engagement Officer

Aeliesha joined the HCA staff team in May as the new Community Engagement Officer. She recently graduated from the University of Regina with a degree in Psychology. Her main passions include the environment and social issues. Aeliesha is extremely excited for the opportunity to work with the HCA and the local community.

HCA Programs - Fall

Mainly Mother Goose

September 10 to December 3, 2014 (Wednesdays, 10:30 am -12 pm)

In partnership with the Regina Public Library, Mainly Mother Goose is a free interactive parent-child drop-in program filled with songs, rhymes, bounces and books for families with children 2 and under. *Free lunch, coffee, and transportation is provided (if needed).*

Heritage Kids Cook

September 18, 2014 to December 2014 (Thursdays, 3:45-5:15)

This free after school cooking class is open to students grades 4-6 of Thompson Community School. This class teaches healthy eating tips, essential cooking skills, and grocery shopping practices (class includes one field trip to a grocery store). *Registration deadline:* Friday, September 12.

Boys Movin’ On Up/Girls On the Move

September 23 to December 9, 2014 (Tuesdays, 6:30-8:30 pm)

These weekly after-school programs provides opportunities for fun physical activity to boys/girls ages 9 to 14. With a focus on play, these programs supports boys and girls in improving their physical fitness, building their self-confidence, and developing healthy relationships. *Registration deadline:* Tuesday, September 16

For more information, please call (306) 757-9952 or visit heritagecommunityassociation.com

Report from Ward 3 City Councillor Shawn Fraser



Ward 3 Councillor, Shawn Fraser

Since becoming City Councillor for Ward 3, I’ve received numerous phone calls, emails, and even a petition organized by a local church asking for something to be done about Pedestrian Safety at the corner of Albert Street and 14th Avenue. I’m happy to inform you that the City is now planning to add Traffic and Pedestrian signals at this location. The project will cost approximately \$125,000 and is scheduled to be completed by the end of September.

To find out more about the project I spoke with Ravi Seera, the Manager of Traffic, Roadways, and Transportation for the City of Regina. Here is some of what Ravi had to say.

How does the City identify priority areas for improvements?

City follows the Transportation Association of Canada recommended matrix procedure to determine if an intersection warrants installation of a traffic signal. These

locations are identified by citizen requests, collision data from SGI, new developments driving growth, and by engineering judgment.

Why traffic lights instead of a push-button cross walk at this location?

Several factors are taken into consideration including traffic and pedestrian volumes, lane configuration and turning movements, pedestrian and location demographics and roadway characteristics.

Is the City using any new technologies in Traffic?

City of Regina uses advanced video detection technology at traffic signal locations to detect traffic in order to provide the best distribution of green time based on traffic demand. These cameras also provide a streaming video output which is used to monitor live traffic conditions.

How is the timing of traffic lights integrated across the City?

The majority of the traffic signals (135 of 186) are currently managed by the City’s Advanced Traffic Management System and the entire traffic network is constantly monitored by two full-time staff members.

Are there any interesting trends happening in pedestrian safety?

Pedestrian Countdown Signals provide a numeric countdown display that shows the number of seconds remaining for a pedestrian to complete their crossing of a street. The City is currently installing pedestrian countdown signals at all new traffic signal locations. The City is also actively retrofitting existing traffic signals with pedestrian

countdown signals as part of the City-wide Light Emitting Diode (LED) traffic signal conversion program. By the end of October, all downtown traffic signals will have pedestrian countdown signal heads.

Are there any other projects happening in Ward 3 that will have an impact of pedestrian safety?

This year a pedestrian signal will be installed at the intersections of Victoria & Cornwall and 15th and Broad.

Smith Street reconstruction between 11th Avenue & 12th Avenue is almost complete. This project features the installation of new pavement, sidewalks, curb and gutter along with accessible pedestrian ramps. Traffic signals at 11th Avenue & Smith and 12th Avenue and Smith are rehabilitated as part of this project. The new traffic signals will feature accessible pedestrian signals to assist pedestrians who are visually impaired.

Pedestrian corridors at the below locations will be rehabilitated in 2014: Montague & McCallum, 13th & Garnet, 13th & Robinson.

Pedestrian safety is incredibly important and contributes to having a safe, vibrant, walkable community. I’d like to say thanks to all the people who have shown an interest in this issue and have provided feedback to the City and myself.

Walk on,

Shawn Fraser

Business Outreach: Adventures of an HCA Summer Student

My name is Keir Matthews-Hunter. I fulfilled the position of ‘Business Community Liaison Officer’ at HCA this past summer. When people ask me what exactly my position at the HCA entailed, I can’t help myself from responding in an equivocal manner. In many ways, you could say I had the pleasure of writing my own job description. I mean, the HCA and I sat down in June and sketched out some general job objectives, but I had the duty of translating these objectives into a “tangible” work plan.

As far as job objectives were concerned, we agreed that I was to collect information from business owners and service providers in Heritage through a social survey. We figured the survey would serve two functions. First, we wanted to update the outdated online Business and Service Directory. Second, we wanted to deliver a short in-person survey as a way to introduce our organization to local business owners, to discern whether there was interest among them in future community involvement, and to determine what steps we could take to help promote their businesses in the community.

Some of my favourite places I visited this summer included Heritage's many barbershops. Don's Barbershop is a neighbourhood staple; I think Don and his business together embody the authentic, old-fashioned barbershop that has been largely extinguished from today's world of hair care. Similarities might be drawn between Don and Fran from Frank's Barbershop. While Frank's is more modern in appearance and atmosphere, like Don, Fran runs a business model in which personal job satisfaction and quality service far outweigh the need (or desire) to build a larger clientele – a feat that I truly appreciate. Of course, I could not speak of barbershops without acknowledging Harley at The Back Alley Barbershop. Aside from the fact that he offers the cheapest hair cut in town, I don't know if it's possible to meet a person as friendly as Harley in any back alley, be it a barbershop or not.

What is said of barbershops in Heritage could also be said of the cultural and social clubs, of the delis, the boutiques, the bakeries, the restaurants, and of the many other distinguishable forms of local business



Rest in Print, Ambrosi

By Keir Matthews-Hunter



This month Regina's Heritage neighborhood will bid farewell to one of (if not) the last-standing letterpress printing shops in the city. Ambrosi Printers – located at 1980 Montreal Street – will be closing its doors after 85 years of service and 66 years in Heritage.

The family-run business was established in December 1929 by Michael Ambrosi and was, at that time, found on Broad Street downtown. It was not until 1948 that Michael and his son Phil moved Ambrosi Printers to its present location at Montreal Street.

profession quickly died. We moved, we bought the latest machines, and then here all of the sudden everything changed...business cards or whatever you have it could now be printed in a matter of seconds at a fraction of the cost.”

As electronic printing grew in popularity, Ambrosi Printers underwent increasingly turbulent times, throughout which the business stayed afloat in two ways: through the sale of customized and hard-to-find metal type to other printers, and in performing jobs for people with both the money and appreciation for hand-cast type printing. Today, clientele for Ambrosi Printers is few and far between, as letterpress printing predominates in an artisanal fashion.

What is not printed on paper, however, is Phil's knowledge and experience of Regina's Heritage neighbourhood. Phil vividly remembers helping his father build the site that now houses his Heidelberg printing machines. At the time of the Second World War, having

no interest in school, Phil dropped his textbooks to work with his father. During that 66-year period, from the time he helped his father build the [new] shop until now, Phil has never lived outside a six-block radius of Ambrosi Printers.

What that means is Phil is well versed in Heritage history, having even lived in the neighborhood when it was referred to as “Germantown.” Phil is also a father of three and has had the pleasure of raising children in Heritage.

Sadly, Heritage will now be home to one less historic feat and yet one more vacant building. What Heritage will not lose, however, is a community staple; Phil has spent his entire life in Heritage, Core, “Germantown,” or whatever name it has been given during his time in the community. Although his business is leaving, his eye for detail and authenticity is here to stay.

***Congratulations Ambrosi Printers on 85
years of business!***



**Open every Friday
10:00am to 12:30pm**

**Call 306-347-3224
for information**

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